

Being who you came to be, (i.e. the process of aligning with your true nature and the unique passion that drives you), is what brings success and fulfillment to you. It creates an irresistible, magnetic force in your energy field that the universe can't ignore. You become magnetic to better outcomes. And it opens the door for you to connect with the deeper abilities and inner genius of your soul. Particularly if you are an energetically sensitive person and/or an old soul.

**What sensitive leaders, coaches and healers are saying about their work with Estelle and about using the processes shared in this book:**

"Estelle is the teacher who is steps ahead - light years ahead! I am in awe of her ability to reconnect people to the wisdom they already have in their bodies. Before I worked with Estelle I had already spent thirty years on my spiritual journey, studying everything I could find and hoping that one day someone would give me the keys to the doors I knew I still hadn't opened. Estelle has the keys - she has spiritual knowledge that will transform your life.

My higher self is here with me every day now. I don't even have to think about it. And opportunities to share my true soul work are flowing to me because of it." - **Claudia Fortes**

"I am just amazed at the level of connection I now have with my inner being and how many angelic and shamanic spirit guides I can connect to since working with Estelle. I had done all these courses and therapies before, but I always felt like I was just copying someone's method or technique. I was always asking: "What's the "me thing" that I can do for people?" And now I know. This is so big for me. I will be forever grateful." - **Kate Lentas**

"What has happened over the weeks has been nothing short of a miracle. In an entirely painless, gentle and tender process, my life has gone from one of struggling with deep set blocks, to one of lightness, fun and love. What Estelle does is amazing. It's like living in a parallel, but better, universe. Everything looks the same, but it feels fantastic". - **Janet Dryden**